



PROJECT ME

Build confidence, invest in yourself, take yourself seriously, and then anything you want to do, you can do and will do.

A bigger perspective comes from an open mind. Take in information that you may not even agree with.

Everybody needs a short-term action list, but also a long-term list too.

Have dreams. But have goals. Life goals, yearly goals, monthly goals, and daily goals.

To achieve your goals, you have to apply discipline and consistency everyday not just Tuesday and miss a few days. You must work at it.

Don't confuse movement with progress. Continue to strive, continue to have goals, continue to progress.

Nelson Mandela said there is no passion to be found playing small and settling for a life that's less than the one you're capable of living.