



## UNCERTAINTY AND DIFFERENCES

- The one thing about life is it's all uncertain that we never know where we're going to end up or what's going to happen.
- You can use uncertain and difficult experiences as a foundation to do something so much better because you know that whatever is facing you now can't possibly be as difficult as what you've gone through before and you can succeed.
- Become comfortable being uncomfortable. If we only did everything that made us comfortable, then we would never go anywhere because we would never be able to step outside of that comfort zone and expand our mind and realize what we're truly made of.
- I found that nothing in life is worthwhile unless you take risks. Nothing.
- If you don't fail, then you're not even trying.



## UNCERTAINTY AND DIFFERENCES (2)

- We think that success is here to there. In reality, success is here to the bottom. We need to become more comfortable with the level of discomfort that we will experience on this journey towards economic, family and educational success.
- Develop grit and resilience. You have to make a decision, that I'm either going to give up and going to sink or I'm going to swim and try to succeed.
- Inclusion is what other people do to make you feel like you're supposed to be there, but belonging is how you feel about being there.
- In moments of adversity where you will feel like an outsider, a level of confidence is necessary to even take the first step to be in that room. You should acknowledge you are a winner because that is the first step in being comfortable and having folks gravitate to you.
- Wherever you are, you belong if you want to be there.